



**Elul Fast & Consecration, Preparation & Repentance For the  
New Beginning. September 4<sup>th</sup> – October 2<sup>nd</sup> (29 DAYS) 2025/5785**

## **FALL FAST & CONSECRATION PLAN 2024/5785**

**At sundown, on Wednesday, September 4, 2024,** we will embark on a month-long Elul Fast & Consecration. During this fast, we will fast sweets, meats, bread, TV and social media; watching only the news and Christian TV for designated days, as necessary.

### **SUNDAY-MONDAY**

Partial Fast - Soup, Salad & Fruit

(No meats, sweets, or bread. Drinking water & 100% juice.)

Christian TV/social media-Ministry Only.

### **TUESDAY**

Full/Absolute Fast – Water only.

No TV/social media-Ministry Only.

### **WEDNESDAY-THURSDAY**

Daniel Fast - Fruits & Vegetables, pulp or smoothie – no added sugar

(No meats, sweets, or bread. Drinking only water & juice.)

Christian TV/social media-Ministry Only.

### **FRIDAY**

Full/Absolute Fast – Water only.

No TV/social media-Ministry Only.

### **SATURDAY**

Daniel Fast - Fruits & Vegetables, pulp or smoothie – no added sugar

(No meats, sweets, or bread. Drinking water & 100% juice)

Christian TV/social media-Ministry Only.

Replace your TV time with prayer, Bible study and listening to praise & worship.

§ Note 1: The fast is not law but grace, modify as needed.

§ Note 2: If you mess up, get up and stay in prayer.

§ Note 3: Do not get sick. Use wisdom and discretion as God enables you to grow in this spiritual discipline.

§ Note 4: Consult your physician prior to beginning a fast. This is especially important if you take prescription medications or have a chronic ailment.

§ Note 5: Computer, Smartphone, iPad etc., usage should be limited to business/ministry functions only

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**NEW YEAR - 5785 First Fruit**

**Evening of Wednesday, October 2<sup>nd</sup> – Sunday October 6<sup>th</sup> 2024/1-6  
Tishri 5785 - Sow seed of choice.** [High Holy Days!] On Wednesday -  
Friday, October 2-4/1/2 Tishri 5785, plan to rest and if possible, take the  
day off on the **Feast of Trumpets (Rosh Hashanah)** and give an offering  
of choice. Leviticus 23:23-25.

**Evening of Saturday, October 12<sup>th</sup> 2024/10 Tishri 5785 – Sow SET  
SEED of \$50. Day of Atonement (Yom Kippur),** which is Saturday,  
October 12<sup>th</sup> /10 Tishri 5785. Each senior congregation leader seeks God  
about an equal amount that EVERY MEMBER of their congregation that is  
above 20 years old can give as an offering, as well as plan for everyone  
possible to do a complete fast on that day Leviticus 23:26-32, Matthew  
6:16-18, \*Exodus 30:11-15.

**Yom Kippur – Day of Atonement Worship**

**Evening October 16<sup>th</sup> - October 24<sup>th</sup>, 2024 (week)/15-22 Tishri 5785  
- Sow seed of choice.** [Feast Offering!] And for the last, and one of the  
most important feasts, the Feast of Tabernacles (Succoth), 15-23 Tishri,  
plan to give an offering of your choosing Leviticus 23:33-44 (v. 37-38),  
\*Zechariah 14:16-19 (v.17-18). **Sukkot – Feast of Tabernacles**